

Prenatal care is an important part of staying healthy during pregnancy, but just as important is the postpartum or post-delivery care. Timely, high-quality prenatal and postpartum care is essential for maximizing maternal and newborn health. McLaren Health Plan (MHP) is committed to promoting healthy lifestyles to our members. Please **join us** in this effort by ensuring these important services are provided routinely and timely to pregnant women.

#### PRENATAL SERVICES

A member's initial prenatal visit should be completed within the first trimester or within 42 days of enrollment. Any visit to a PCP, OB-GYN or other prenatal care practitioner with one of the following services counts as a prenatal visit:

- *Obstetric panel*
- *TORCH antibody panel*
- *Documented LMP or EDD with either a completed obstetric history or risk assessment*
- *Ultrasound of pregnant uterus*
- *Pregnancy-related diagnosis code*
- *Rubella antibody/titer with Rh incompatibility*

**If you are billing global maternity codes, be sure you report the initial prenatal visit using CPT II Code 0500F and the earliest visit date. Telehealth services count as compliant for HEDIS.®**

#### POSTPARTUM SERVICES

A member's postpartum visit should occur within seven to 84 days after delivery. A postpartum exam should include notes regarding the following:

- *Weight, BP, breast and abdominal evaluation*
- *Postpartum check, postpartum care, six-week check notation or pre-printed Postpartum Care form*
- *Pelvic exam*
- *Perineal or cesarean incision/wound check*
- *Screening for depression or other mental health disorders*
- *Glucose screening for women with gestational diabetes*
- *Documentation of any of the following:*
  - *Infant care or breastfeeding*
  - *Resumption of intercourse*
  - *Sleep/fatigue*
  - *Resumption of physical activity*

**If you are billing global maternity codes, be sure you report the postpartum visit using CPT II Code 0503F and the visit date. Telehealth services count as compliant for HEDIS.**

**\*\*SEE TIMELINESS OF OB CARE INCENTIVE FLYER FOR INFORMATION ON HOW TO RECEIVE \$100 PER PREGNANT MEMBER\*\***

#### Pregnant Women Dental

Pregnant women on Medicaid are eligible for dental coverage for three months after their due date. Preventive dental services provided to pregnant patients helps to avoid oral infections like gum disease, which could be linked to pre-term delivery.

**Additional outreach is provided to our pregnant women.** Our *McLaren Moms* program is available for all pregnant women. The program provides access to a nurse case manager, and educational mailings are sent with information on a healthy pregnancy. The nurse case manager is available to assist with high needs members, routine postpartum follow-up education and planning. **Please contact us with the names of any pregnant members** and we will include them in our *McLaren Moms* program.

If you have questions or would like more information, please email us at [MHPOutreach@mcclaren.org](mailto:MHPOutreach@mcclaren.org).

Remember to talk to your patients about tobacco cessation. MHP has a free tobacco cessation program for MHP Community and Medicaid members. Call 800-784-8669 for more information.

### Thank you for the quality care you deliver!

OB Feedback (Please print)

Comments, requests, questions, etc.: FAX to **810-600-7985**

OB Name/Office Name: \_\_\_\_\_

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_